



The Mission

We provide creative spaces & experiences that encourage growth, inspire learning, and develop connections for children with disabilities and their families.

Core Values

- We celebrate the highs and guide through the lows.
- Strong families make happy kids.
- Everyone is welcome.
- Embrace chaos, practice patience.
- Real experience builds genuine relationships.
- We believe in the power of play.
- Care for the caretaker is essential.

Programs and Projects

Boost Program



BOOST PROGRAM
EXTRACURRICULAR ACTIVITIES
FOR EXTRAORDINARY MIDDLE SCHOOLERS

2024 FALL & 2025 WINTER/SPRING
SELECT SATURDAYS 10AM TO 2PM

ARTS

MUSIC

STEM

RECREATION

SERVING STUDENTS WHO NEED:
1:1 DIRECT CARE SUPPORT
ASSISTANCE WITH MEDICAL NEEDS
OCCUPATIONAL AND PHYSICAL THERAPY SUPPORT

REGISTER TODAY:
WWW.DOWNSIDEUPINC.ORG/BOOST

DOWNSIDE UP
ESTD Chattanooga 2012
CHR UP TN
HAPPY IS HAPPY FROM
EVERY WHICH WAY

Training Wheels Preschool Program

Training Wheels preschool program is a unique and individualized preschool experience for our young learners. Unlike most preschools, we are not devoted to a specific theory or approach when teaching Early Childhood Education. We believe in the power of play and utilize a combination of Montessori Techniques and Traditional Learning Approaches in our daily lessons. We simply meet the child where they are and nurture their own unique learning style. Our classroom is not segregated into age groups, children of ages 2.5 years to 6 years, and of all physical and intellectual abilities come together to play and learn.

We pride ourselves on keeping our lesson plans play-based, hands-on and adaptive to each child's specific abilities and safety needs, all while introducing pre-kindergarten skills.

Garden Project



Training Wheels Youth Garden Project

TW Preschool
Plant and garden care learning opportunities for our little learners.

Open Visitation
Open Hours for children, friends & families to come and enjoy the garden

Workshops and Vocation
Exploring creative arts through nature and plants.

Family Growing
Self guided community garden care to nurture positive social interaction and teamwork

Rumpus Garden Builds
Ongoing projects by various volunteer groups and contractors

TW Camps
Specialized programs to encourage youth to learn, grow and explore garden areas and care

For more information, please contact Downside Up Inc. at:

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