

### **The Mission**

We provide creative spaces & experiences that encourage growth, inspire learning, and develop connections for children with disabilities and their families.

### **Core Values**

- We celebrate the highs and guide through the lows.
- Strong families make happy kids.
- Everyone is welcome.
- Embrace chaos, practice patience.
- Real experience builds genuine relationships.
- We believe in the power of play.
- Care for the caretaker is essential.

## Programs and Projects

### Boost Program



**BOOST PROGRAM**  
EXTRACURRICULAR ACTIVITIES  
FOR EXTRAORDINARY MIDDLE SCHOOLERS

**2024 FALL & 2025 WINTER/SPRING**  
**SELECT SATURDAYS 10AM TO 2PM**

**ARTS**  
**MUSIC**  
**STEM**  
**RECREATION**

**SERVING STUDENTS WHO NEED:**  
**1:1 DIRECT CARE SUPPORT**  
**ASSISTANCE WITH MEDICAL NEEDS**  
**OCCUPATIONAL AND PHYSICAL THERAPY SUPPORT**

**REGISTER TODAY:**  
**[WWW.DOWNSIDEUPINC.ORG/BOOST](http://WWW.DOWNSIDEUPINC.ORG/BOOST)**

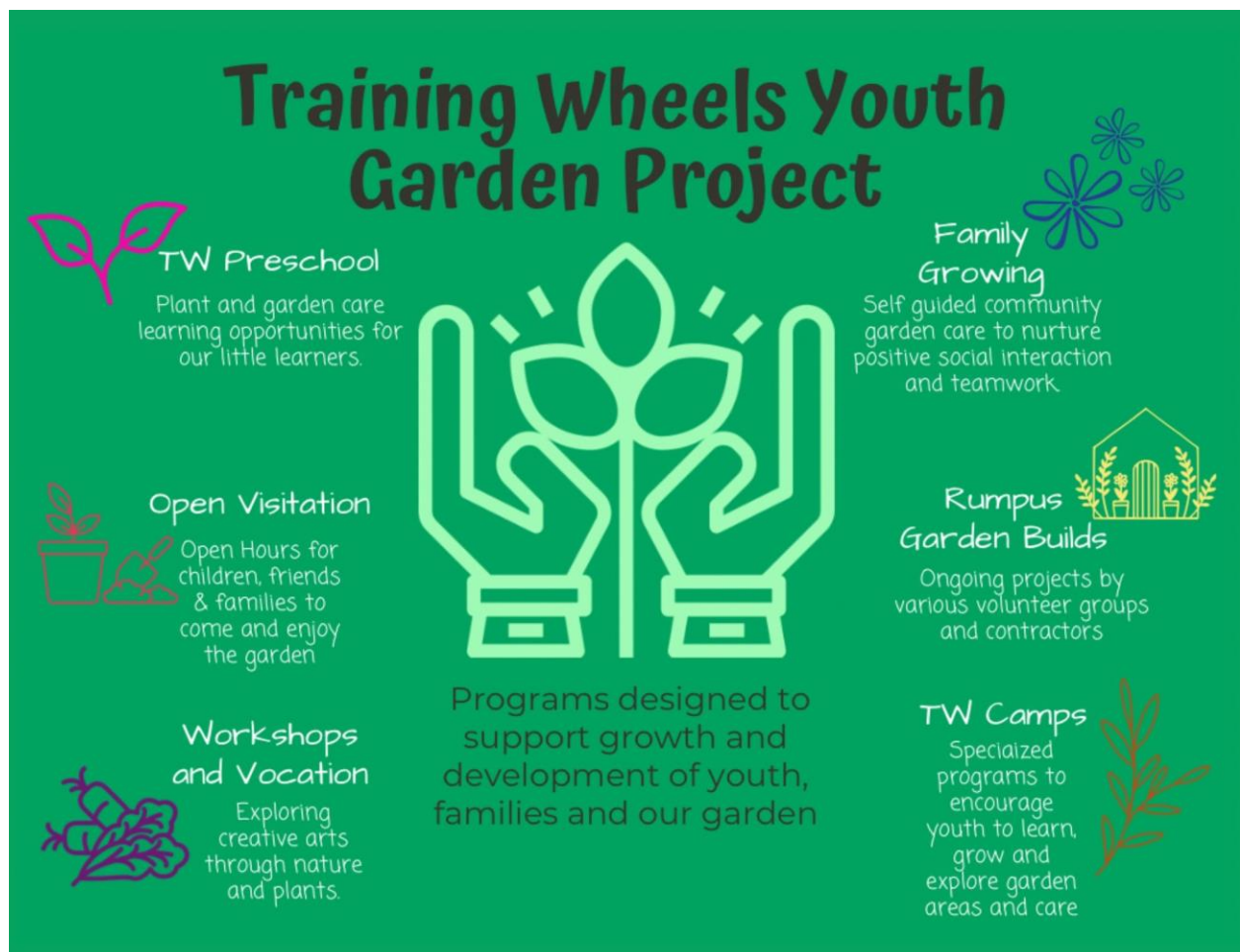
ESTD Chattanooga 2013  
**DOWNSIDE  
UP**  
CHN TN  
HAPPY IS HAPPY FROM  
EVERY WHICH  
WAY

## Training Wheels Preschool Program

Training Wheels preschool program is a unique and individualized preschool experience for our young learners. Unlike most preschools, we are not devoted to a specific theory or approach when teaching Early Childhood Education. We believe in the power of play and utilize a combination of Montessori Techniques and Traditional Learning Approaches in our daily lessons. We simply meet the child where they are and nurture their own unique learning style. Our classroom is not segregated into age groups, children of ages 2.5 years to 6 years, and of all physical and intellectual abilities come together to play and learn.

We pride ourselves on keeping our lesson plans play-based, hands-on and adaptive to each child's specific abilities and safety needs, all while introducing pre-kindergarten skills.

## Garden Project



For more information, please contact Downside Up Inc. at:

Address: 621 E 11th Street  
Chattanooga, TN 37403

Mailing Address: P.O. Box 455  
Hixson, TN 37343

Email: [downsideupinc@gmail.com](mailto:downsideupinc@gmail.com)

Phone: 423.803.6944

Website: <https://www.downsideupinc.org/>